COVID-19 information
If your child has to self isolate

My child doesn't have symptoms but there was a positive case at school - what are they allowed to do?

- Your child should follow government guidelines which means not to leave the house except to go in the garden and not to meet anyone from another household or

- No other members of the household have to isolate unless your chid then gets symptoms themselves

- If your child doesn't have symptoms other siblings can still go to school.

- The usual safety measures of social distancing and hand washing should be maintained.

- It's important the child completes the 10 day self-isolating period even if they are tested and get a negative result.

- If the child or anyone else in the household develops symptoms they will need to get tested and the whole household will then need to self-isolate.

- Information on self-isolation can be found here - **www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/**

Will my child still be given work to do?

- Children and young people should continue with home learning as instructed by their school. This will enable them to keep up with their learning and interaction with teachers and school friends will also help support their emotional wellbeing.

#WiltshireTogether

My child has only just gone back to school so how can I best support them during this time?

- Supporting the emotional wellbeing of children will also be important as it will not be easy for children having to stay at home for 10 days and not see friends, particularly having only just returned to school after such a long break.

- Ideally parents will encourage children to talk about their feelings and remain calm and supportive at times when children may be displaying frustration, anger, or low mood due to their situation.

- Useful information and support to support children and young people's mental health and emotional wellbeing can also be found at **www.onyourmind.org.uk**
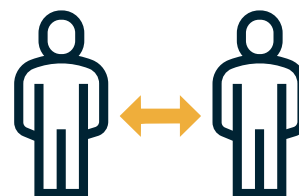
Remember that we all need to do our bit to reduce the spread of coronavirus:

Wash Hands

Cover Face

Make space

#WiltshireTogether