The River by Valerie Bloom

The River's a wanderer, A nomad, a tramp, He never chooses one place To set up his camp.

The River's a winder, Through valley and hill He twists and he turns, He just cannot be still.

The River's a hoarder And he buries down deep Those little treasures That he wants to keep.

The River's a baby, He gurgles and hums, And sounds like he's happily Sucking his thumbs.

The River's a singer, As he dances along, The countryside echoes The notes of his song.

The River's a monster, Hungry and vexed, He's goggled up trees And he'll swallow you next.

If by Rudyard Kipling

If you can keep your head when all about you Are losing theirs and blaming it on you; If you can trust yourself when all men doubt you, But make allowance for their doubting too; If you can wait and not be tired by waiting, Or, being lied about, don't deal in lies, Or, being hated, don't give way to hating, And yet don't look too good, nor talk too wise;

If you can dream – and not make dreams your master; If you can think – and not make thoughts your aim; If you can meet with triumph and disaster And treat those two impostors just the same; If you can bear to hear the truth you've spoken Twisted by knaves to make a trap for fools, Or watch the things you gave your life to broken, And stoop and build 'em up with wornout tools;

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breathe a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: 'Hold on';

If you can talk with crowds and keep your virtue, Or walk with kings – nor lose the common touch; If neither foes not loving friends can hurt you; If all men count with you, but none too much; If you can fill the unforgiving minute With sixty seconds' worth of distance run – Yours is the Earth and everything that's in it, And – which is more – you'll be a Man, my son!

Sonnet 18 by William Shakespeare

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate:
Rough winds do shake the darling buds of May,
And summer's lease hath all too short a date:
Sometime too hot the eye of heaven shines,
And often is his gold complexion dimm'd:
And every fair from fair sometimes declines,
By chance or nature's changing course untrimm'd;
But thy eternal summer shall not fade,
Nor lose possession of that fair thou ow'st;
Nor shall Death brag thou wander'st in his shade,
When in eternal lines to time thou grow'st:
So long as men can breathe, or eyes can see,
So long lives this, and this gives life to thee.