

What Can I Do If I Feel I'm Being Bullied

1. Tell anyone you trust and you feel would help
2. Tell others in Circle Time
3. Tell an adult
4. Try to stay away from the person who is making you feel bad
5. Stay with your friends or people who make you feel safe

How Do We Prevent Bullying?

We use Circle Time, 'PSHE lessons' and assemblies to talk about friendship and bullying

We give GEMS Rewards to pupils who show kindness and consideration

Adults in school are kind and considerate - they will not ignore bullying

Cyber-Bullying

Cyber-bullying is using technology to hurt other people and is repeated over time

We try to prevent it by:

Having regular online safety lessons

Reminding pupils of safe internet use

Promotion of online safety in assemblies

Rigorous security settings and close monitoring of online activity

Sending out the Internet Safety Booklet to families

St Joseph's Catholic Primary School

Anti-Bullying

Start

Telling

Other

People

What Is Bullying?

At St Joseph's Catholic Primary School we believe that:

Bullying is deliberately harmful repeated over a period of time to hurt someone, to get a reaction or to use your power over them.

Bullying happens:

Several

Times

On

Purpose

What Will Happen?

1. Teachers will listen to pupils who experience bullying and make sure they are okay

2. Teachers will discuss the incident with pupils who were involved

3. Teachers will work with pupils to find solutions

4. Teachers will make a record of the incident and pass it to the headteacher

5. Parents will be informed about what has happened and what has been done

6. Some bullying incidents may result in consequences for the people involved

What Will We Do If We Think We've Seen Bullying?

We stand up for the person who experiences bullying

We try to stop it

We tell an adult

We try to play with someone who is being bullied

We advise the person on how he/she can try to manage their experience

We help them to talk to adults

We contribute to class talk about safety and relationships